



# Menasha Senior Center    **DECEMBER 2009**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00 <b>Wii</b> 11:20 Meals 12:00 Agilitly exercise	2 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard 1:00 VNA Foot-care	3 8:30 Oil Painting 10:00 <b>BenSpec</b> 11:20 Meals 12:30 Cribbage 1:00 Bridge	4 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
7 9:00 Computer 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 12:30 Men's cards	8 10:00 <b>Wii</b> 11:20 Meals 12:00 Agility exercise	9 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	10 7:45 CA meeting 8:30 Oil Painting 9:00 PC meeting 10:00 <b>BenSpec</b> 11:20 Meals 12:30 Cribbage 1:00 Bridge <b>1-7pm Doggie Photos</b>	11 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
14 9:00 Computer class 9:30 Line Dancing 10:30am <b>Nutro</b> Bingo 11:20 Meals 12:30 Card making class 12:30 Men's cards	15 10:00 Wii 11:20 Meals 12:00 Agility exercise 1:15-3:00 <b>Blood Pressure ck</b> 2-4:00 <b>Christmas Party</b>	16 9:30 Line dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	17 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA <b>Foot care</b>	18 10:00 <b>Wii</b> 11:20 Meals 1:00 Quilting 12:30 <i>Hand&amp;Foot</i>
21 9:00 Computer class 9:30 Line Dancing 11:20 Meals 12:30 Scrabble 12:30 Men's cards	22 9:00 Newsletter Assem. 10:00 <b>Wii</b> 11:20 Meals 12:00 Agility exercise 1:00-3:00 <b>Christmas Bingo</b>	23 9:30 Line Dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	24 	25 <i>Merry Christmas</i> <i>Happy Holidays</i>
28 9:00 Computer class 9:30 Line Dancing 11:20 Meals 1:00 Men's cards	29 10:00 <b>Wii</b> 11:20 Meals 12:00 Agility exercise	30 9:30 Line dancing 10:00-11 Chair exercise 11:00 <i>You Can Do It</i> 11:20 Meals 12:30 Texas Hold'em 12:30 Shuffleboard	1 8:30 Oil Painting 11:20 Meals 11:45-12:00 <b>New Year</b> <b>Noon Countdown</b> 12:30 Cribbage 1:00 Bridge	<b>CLOSED</b> 